

Course Information

ENGR 49600 CRN 33033 – Certified Peer Educator (CPE) Training

Meeting Time: Mondays 6:00 – 7:50 p.m.

Credit Hours: 2

Prerequisites:

- Sophomore, junior or senior engineering students
- Willing to volunteer as a peer educator for other engineering students following successful course completion (additional credit hours can be earned for volunteering as a peer educator).

Cap: 24 students

Location: ARMS 1261

About the Instructor

Instructor Name: [Dr. Kristy Eaton](#)

Office Location: ARMS 1259

Phone number: 317.509.5590

Email: kmeaton@purdue.edu

Course Description

Certified Peer Educator (CPE) training is a 20-year-old nationally recognized program developed by the Student Affairs Administrators in Higher Education and used as an effective strategy for building a well-educated and sustainable peer education group. CPE training helps interested engineering students develop leadership skills to be able to successfully implement and sustain campus mentoring programs like the one embedded in the Community, Assistance and Resources for Engineering (CARES) Hub. The training includes a variety of learning modules (see weekly course topics) covering concepts such as active listening, suicide prevention, self-care, behavioral change, identity and diversity, intervention and referral, group dynamics, and more.

Following successful course completion students will receive formal documentation of their status as certified peer educators and will be encouraged to serve as peer educators for credit with the CARES Hub at the College of Engineering.

Learning Outcomes

By the end of the course students will be able to:

1. Apply effective peer educator strategies with mentees.
2. Engage in regular self-evaluation related to their efficacy as a mentor.
3. Pass the CPE examination.

Learning Resources, Technology & Texts

- Brightspace: <https://purdue.brightspace.com/>
- Boiler Connect: <https://www.purdue.edu/boilerconnect>
- Certified Peer Educator Textbook (provided free on the first day of class)
Required
- [APA Style Guide, 7th Edition](#) – Optional

Office Hours:

- Mondays from 2:30 – 4:30 p.m.
- Other times by appointment

Email Communication:

- Please feel free to email me anytime. kmeaton@purdue.edu
- My goal is to respond to you within 24 hours during the week and within 48 hours on the weekends. Your questions and feedback are important to me.

Assignments and Points

Your learning will be assessed through a combination of attendance and class participation, written reflections, mentee meeting documentation, and a final certification exam.

- Attendance and participation: 60 points (4 points per class)
- Reflection #1: 5 points
- Reflection #2: 5 points
- Reflection #3: 5 points
- Mentee Meeting Documentation: 5 points
- Certification Exam: 20 points
- **Total = 100 points**

Attendance Policy and Missed/Late Work:

Attendance constitutes most of your grade and will be taken at each class. Peer educator certification will not be possible if you do not attend class regularly. Instructor must be notified via email kmeaton@iu.edu of any absences in advance whenever possible. In the case of unexpected absences, students should email the instructor as soon as possible. Students are responsible for completing all missed lessons and coursework. Late assignments may result in point reduction at the discretion of the instructor. Class participation points will be deducted upon the 3rd unexcused absence.

Grading Scale:

- A 93-100
- A- 90-92
- B+ 87-89
- B 84-86
- B- 80-83
- C+ 77-79
- C 74-76
- C- 70-73
- D+ 67-69
- D 64-66
- D- 60-63
- F 0-59

Assignment Descriptions:

1. **Course reflection assignments (3)** Write a one-page (250 word) essay reflection. Please respond to the following four prompts in your essay:
 1. **Discuss something new that you have learned.**
 2. **Discuss any topics or comments in class that have especially resonated with you. I call these “aha” moments.**
 3. **How do you plan to use what you have learned so far in your work with engineering mentees?**
 4. **What concerns or questions do you have?**

Your writing should reflect the [APA Style Guide, 7th Edition](#).

2. **Mentee Meeting Documentation (1).** Please respond to **each** of the following prompts (an electronic form with these prompts will be provided to you):
 - Topic/s of concern that was discussed

- Outcome of discussion including a plan with next steps if created
- List any referral sources you suggested
- Include a reflection of your experience. Identify the feelings and emotions you experienced during the session, how prepared you felt to support your mentee and the mentee's topic of concern, and how you might improve your response moving forward.
- Any questions or concerns you have

3. **CPE Certification Exam:** Students will take this certification exam during finals week at a to be determined date and time.

Course Schedule and Assignment Due Dates

Class Date	Topic	Assignment Due
8/19/24	Welcome Course overview Intro to Peer Education	
8/26/24	Self-awareness and self-reflection	
9/2/24 Labor Day – no class		
9/9/24	Effective listening Personal triggers	
9/16/24	Peer educator roles Ethics and confidentiality	Reflection #1 due 11:59 p.m.
9/23/24	Models of change Creating change	
9/30/24	Bystander intervention Managing resistance	
10/7/24 Fall Break – no class		
10/14/24	Personal identities, bias, and values	
10/21/24	Programming strategies Adverse Childhood Experiences and the brain	Reflection #2 due 11:59 p.m.
10/28/24	Group development and dynamics	
11/4/24	Question, Persuade, Refer (QPR) suicide prevention training	
11/11/24	Assessing needs Making referrals	
11/18/24	Mentoring practice and role play	Reflection #3 due 11:59 p.m. Identify a potential mentee.
11/25/24 No class	Meet with a mentee in lieu of class.	Meet with a mentee
12/2/24	Review for certification exam. Volunteering as a CPE	Document mentee meeting and submit by 11:59 p.m.
12/9/24 – 12/13/24 Exam date/time TBD	In class CPE Certification exam.	CPE Certification Exam

Academic Integrity

All reflections and written submissions should be based on your own individual experiences and be your own original work. Academic integrity is of critical importance and one of the highest values that Purdue holds. Individuals are encouraged to alert university officials to potential breaches of this value by either emailing integrity@purdue.edu or by calling 765-494-8778. While information may be submitted anonymously, the more information that is submitted provides the greatest opportunity for the university to investigate.

[The Purdue Honor Pledge:](#) *As a Boilermaker pursuing academic excellence, I pledge to be honest and true in all that I do. Accountable together – we are Purdue.*

Nondiscrimination Policy Statement

Purdue University is committed to maintaining a community which recognizes and values the inherent worth and dignity of every person; fosters acceptance, sensitivity, understanding, and mutual respect among its members; and encourages everyone to strive to reach their potential. In pursuit of its goal of academic excellence, the University seeks to develop and nurture diversity. The University believes that diversity among its many members strengthens the institution, stimulates creativity, promotes the exchange of ideas, and enriches campus life.

Students with Disabilities

Purdue University strives to make learning experiences as accessible as possible. If you anticipate or experience physical or academic barriers based on disability, then I encourage you to let me know so that we can discuss options and ensure your experience in class is a positive and accessible learning experience. I also encourage you to contact the [Disability Resource Center](#) (DRC) at drc@purdue.edu or by phone at 765-494-1247.

Emergency Preparation

In the event of a major campus emergency, course requirements, deadlines and grading percentages are subject to changes that may be necessitated by a revised semester calendar or other circumstances beyond the instructor's control. Relevant changes to this will course will be posted on Brightspace and via email.

Your Mental Health

The mental health and well-being of students is vital to us in the College of Engineering. If you find yourself feeling lonely, depressed, stressed, anxious or facing any other difficult feelings or situations, please reach out for help. As a trained clinician, I am more than willing to speak with you in a confidential manner about accessing needed resources. I have included mental health resources in the syllabus as well.

On-Site, Campus, and Virtual Mental Health Resources

1. The CARES Hub has an on-site therapist for engineering students located in ARMS 1251. Free counseling sessions are available for engineering students only. Daily walk-in hours are available: (insert schedule). Schedule counseling sessions with our therapist [here](#) (link to be added). Our therapist also provides case management services for students who need access to other resources at Purdue or resources in the Lafayette/West Lafayette community.
2. All Purdue students have access to free therapy at Purdue's Counseling and Psychological Services (CAPS). CAPS is located on the second floor of the Purdue University Student Health Center (PUSH). Visit CAPS to schedule an appointment or call 765-494-6995.
3. [Schedule an appointment with CAPS](#)
4. Telehealth & Online Options
 - Purdue students can access free virtual therapy at [Therapy Assistance Online \(TAO\)](#)
 - For those students with a Purdue University student health plan, participants have 100% coverage for mental health visits through [LiveHealth Online](#).

Violent Behavior Policy

Purdue University is committed to providing a safe and secure campus environment for members of the university community. Purdue strives to create an educational environment for students and a work environment for employees that promote education and career goals. Violent behavior impedes such goals. Therefore, violent behavior is prohibited in or on any university facility or while participating in any university activity.

Diversity and Inclusion Statement

In our class discussions, both structured and unstructured, we will explore a variety of challenging issues which will help us enhance our understanding of an individual's different experiences and perspectives. This can be challenging, but in overcoming these challenges we find the greatest rewards and build the strongest communities. While we will design classroom guidelines as a group, please keep in mind the following points:

- We are all in the process of learning about others and their differences. Please speak with me directly if something in class has made you uncomfortable so that we can process it together.
- Intention and impact are not always aligned, and we should respect the impact something may have on someone, even if it was not the speaker's intention.
- We all bring to class a wide variety of personal experiences and a range of expertise. It is important that we respect these experiences in others while intentionally examining them in ourselves. We will be practicing how to do this in class to assist you in being the most supportive peer mentor you can be!

Course Evaluation

During the last two weeks of the course, you will be provided with an opportunity to evaluate this course and me as your instructor. Purdue uses an online course evaluation system. You will receive an official email from evaluation administrators with a link to the online evaluation site. You will have up to two weeks to complete this evaluation. Your participation and feedback are an integral part of this course. It is also vital to improving education at Purdue. I strongly urge you to participate in the evaluation system.

I also encourage you to speak with me at any time throughout the semester if you have concerns or feedback about the course. I view your feedback as a gift, and as a way for me to improve the course while you are still enrolled in it, rather than later when you have already completed it. Thank you!

Disclaimer

This syllabus is subject to change. Any changes will be announced in class, on Brightspace, and via email.

Dr. Kristy Eaton

ARMS 1259

kmeaton@purdue.edu